

INSTRUCTIONS FOLLOWING PLACEMENT OF A SPACE MAINTAINER

Your child has just had a space maintainer placed so as to prevent any drifting of teeth and loss of space. Bands have been cemented around one or several teeth.

1. The appliance often feels "different" to a child for a few days following insertion. Your child may experience some minor discomfort while biting, and some temporary discomfort to the tongue.
2. It is important to maintain **impeccable** oral hygiene. Brush at least twice a day. Do not forget to brush around the bands of the space maintainer.
3. Avoid "playing" with the space maintainer with the tongue or fingers. Avoid gum and sticky candy. These may loosen or even break the appliance.
4. The space maintainer will be checked at each of your child's 6 month checkup visits.